

What is CanSkate?

- Skate Canada's official learn-to-skate program for beginners of all ages
- Builds core skating skills: balance, control, and agility
- Ideal for recreational skaters or those preparing for hockey or figure skating

How it Works:

- Taught by certified professional coaches with support from trained program assistants
- Follows a 6-stage nationally recognized skill progression
- Group lessons with a maximum 1:10 coach-to-skater ratio
- Uses upbeat music, teaching aids, and fun activities to keep skaters engaged
- Skaters earn badges and ribbons as they reach new milestones
- Please read class descriptions carefully to select the best option for your skater

Group Placement:

- Skaters are grouped by age and ability—not by CanSkate stage
- Group colors help organize skaters but do not indicate level
- Groups are reassessed each season and may be adjusted in the first few weeks to ensure the best fit

Assessment & Progression:

- Assessments take place regularly throughout the season
- Skaters progress at their own pace—not all will pass a level each session
- When a stage is completed, badges or ribbons are handed out that day or within a few sessions
- Attendance, effort, and consistent practice all affect progress
- Higher stages typically take longer, as skills become more advanced
- Missing several classes may delay or prevent assessment

IMPORTANT REGISTRATION NOTES

- A \$61.65 Skate Canada Membership Fee is required annually (Sept 2025–Aug 2026). This includes national/provincial registration, Safe Sport, and insurance.
- Registrations submitted before your assigned time will be removed.
- All registrations must be completed online at HalifaxSkatingClub.com.
- Please review all Club Policies on our website.
- Questions? Email halifaxskatingclub@gmail.com

Returning Members: Tuesday, Dec 2 – 10:00 AM

code will be sent by Monday Dec 1st

Waitlist Members: Friday, Dec 5 – 10:00 AM

New Members: Monday, Dec 8 – 10:00 AM

A \$25 SportSweep fundraising fee per family will be added to all Winter registrations. This fee helps support club events, banquets, and activities that benefit all HSC skaters.



CanSkate

Winter 2026

Learn to Skate Programs

*Including: PreCanSkate, CanSkate,
Teen and Junior Academy*



January to March 2026

Centennial Arena, HRM

Ice Show – Early April

All HSC skaters, regardless of level, are invited to take part in our end-of-season celebration and showcase, where our CanSkaters often steal the spotlight.

Date and sign-up details will be shared throughout the winter.
Keep an eye out — this is a highlight of the year.



**CanSkate
PatinagePlus**

Winter 2026 Learn-to-Skate Programs

Season Dates: Jan 4—March 29th

NO ICE—Sunday March 1st and Thursday March 26th



Required Equipment (All Skaters):

- Good support Figure or Hockey Skates. Please no plastic buckle skates
- Face Shields are mandatory at the PreCan Level
- Skates and helmets are NOT provided—No Rentals available

- A CSA approved Skating, Hockey, or Ski Helmet that buckles. Bike Helmets are not allowed.
- Gloves or Mittens.

Please dress your skaters in clothing that allows freedom to move, fall and get back up. Jeans are highly discouraged.

Important Note: A parent or guardian must remain at the rink in case your skater needs skates retied, gets hurt, is in the wrong group, or simply needs support from a familiar adult.

Session Options

Pre-CanSkate / Stage 1

(Ages 3–6*)

For young skaters with no prior experience. Sessions are coach-led in small groups and focus on basic movement, safe falling, gliding, and balance. Each class includes a 15-minute off-ice warm-up. **If your skater needs one-on-one support, this is the right program.** Parents do not go on the ice—our trained Program Assistants support the group.

This is a 12-week program. Skaters often work on several skills and levels at the same time, and those who complete the Pre-Can stage will begin Stage 1 skills.

SUN Pre-CanSkate / Stage 1 – Session 1: 2:15–3:00 PM \$120

SUN Pre-CanSkate / Stage 1 – Session 2: 2:45–3:30 PM \$120

CanSkate

(Age 5+*)

For skaters aged 5 and older, or younger skaters with previous experience. Sessions are coach-led in ability-based groups and focus on developing the full range of CanSkate skills. Skaters work through Stages 1–6 and may progress through multiple levels at the same time. Parents are not on the ice—our trained Program Assistants help support each group. Thursdays 11 weeks, Sundays 12 weeks

THURS CanSkate – Teen all levels (Ages 10–18): 5:30–6:15 PM \$140

THURS CanSkate – Stage 3 to 6: 5:30–6:15 PM \$140

THURS CanSkate – Stages 1 to 3 6:15–6:55 PM \$125

SUN CanSkate – All Levels: 1:45–2:30 PM \$155

SUN CanSkate – Stages 2 to 6 3:40–4:25 PM \$155

Junior Academy - Intro to Figure Skating (By Invitation Only)

For skaters age 10 and under who are still working on CanSkate skills but show strong interest and potential in figure skating. This program introduces foundational skills—jumps, spins, edges, and choreography—through small group lessons led by certified coaches. Skaters are assessed and selected from the CanSkate program. If your skater is interested, please contact us to request an assessment. **Skaters must attend both weekly sessions.** *Fee includes all coaching and ice time.*

TUES 5:05–6:30 PM *Includes some shared ice with advanced skaters. And Includes an off ice portion*

SUN 3:00–4:25 PM *Includes figure skating development, and a CanSkate session (10-minute break from 3:30–3:40)*